

Live United Event Ideas

Give. Advocate. Volunteer.

- **Day of Caring and Day of Sharing**

Research a volunteer activity through United Way Capital Area's (UWCA) website. Volunteer projects are searchable online through the Hands On Central Texas link on UWCA's website. Post a sign-up sheet in your break room and begin recruiting volunteers.

Another idea: organize two projects and send out two teams for a few hours, upon returning to the office, ask both teams to share their experiences with those who volunteered at another location or not at all. To ensure a positive connection is made between the important volunteer work completed and the agency chosen, set up an agency tour and ask the agency representative to highlight the difference made by those employees who volunteered earlier in the week.

- **Live United Video Challenge:**

How do you LIVE UNITED?

Grab the closest camera and make a short video explaining how you're working to improve the education, income and health of people right where you live. Challenge other departments in your office, work as a team, or go out on your own. Living United is a credo, a mission, a goal. It is a constant reminder that when we as individuals think outside ourselves, we have the power to facilitate change. To give. To advocate. To volunteer. To improve the education, income and health of people right where you live. Whether you're giving a monetary donation, advocating on behalf of these issues, or volunteering your time, you're joining the movement to create opportunities for a better life for all.

What your video should be about?

Your video should illustrate how you're working to make a difference in one or more of the following areas:

- **Education:** Helping children and youth achieve their potential through education.
- **Income:** Helping families become financially stable and independent
- **Health:** Improving people's health.

The video should describe how you give, advocate or volunteer in your community related to your chosen issue area, why you think this work is important and what lasting change you hope to influence. For example:

- **Give:** Through your gift to United Way you're helping children and youth achieve their potential, promoting financial stability and independence for hardworking families, and improving people's health.
- **Advocate:** Anyone can champion the cause. Perhaps you're speaking out to improve education, income and health, reaching out to members of Congress, or wearing the LIVE UNITED shirt to show your support.
- **Volunteer:** Whether it's reading to children, leading financial literacy classes for hard-working families, or delivering meals to homebound seniors, your volunteer efforts can make a difference in the areas of education, income and health.